

What to Bring

- * Honesty, an Open Mind, Willingness
- * At least 30 days of all current medications. All medications need to be in their bottles and cannot be expired
- * Driver's License or State ID, Medical insurance card
- * Copy of your most recent TB test (if you have one)
- * NO MORE than 7-10 days of comfortable clothes, tennis shoes - weather appropriate (Swim gear - During the summer we may go swimming for outings)
- * NO products with alcohol (mouthwash or perfume)
- * If you use liquid nicotine products (Vape), all liquids must be in new sealed bottles

What to Expect

In Residential Treatment -

- * Daily groups and weekly individual sessions, Attendance at 12 step meetings
- * An initial 30-day blackout, no visitors during this time and very limited phone calls, no electronics
- * After 30 days, electronic check-out times
- * After 30 days visitors on Sundays from 1-4 (All Visitors are required to attend our CARE group before visiting, Please see the CARE flyer on the website)

In Withdrawal Management (Detox)

- * Time to rest, 24/7 monitoring
- * To be on site at all times, except for emergency medical appointments
- * No visitors and very limited phone calls
- * No electronics
- * Option to attend treatment groups when able