

## PROGRAM DESCRIPTION

The Residential Treatment Program (RTP) is an intensive social model on-campus program offered in increments of 30 days, up to 180 days.

The RTP includes a full schedule of classes, individual counseling, and recovery activities. Everyone contributes to the community in terms of food preparation, laundry and up-keep of the buildings and grounds.

A holistic approach is used and the curriculum includes substance abuse education, relapse prevention, nutrition, stress management, health care, meditation,, outings, and the building of a healthy support system.

We offer a weekly sweat lodge ceremony on the grounds and Red Road meetings, as well as daily 12-Step meetings.

## APPLICATION PROCESS

To apply for the Residential Treatment Program, call the Ford Street Project at (707) 462-1934. We will assist you in making arrangements for your stay here.

Be prepared to bring clothing with you or have it sent. We provide all other necessities including toiletries, but you are welcome to bring your own.

We do require that individuals are out of incarceration prior to beginning the admission process.

Because we offer Detox services, it is not necessary to have been abstinent prior to admission, as many other programs require.

***The longest journey  
begins with a single step***

## PROGRAM COSTS

Cost of residential treatment is \$85.00 per day or \$2,550 per month, plus a one time \$200.00 intake fee. This includes all counseling, housing , food and activities.

Detox services are \$100 per day.

While these fees are considerably less than those of most other treatment programs, we also recognize that many persons seeking recovery will not be able to afford them. We reserve a very limited number of beds that we use a sliding scale on to reduce fees for applicants with fewer resources. We do not provide “free” beds.

You can call Ford Street Project to inquire about any financial questions.

Ford Street Project accepts Visa and MasterCard.

## FAMILY DAY

On the 1st and 3rd Sundays of each month, families are invited to share an afternoon on campus to visit with RTP participants.

Counselors are available to answer questions and to help families in learning about the recovery process.

## AGENCY MISSION STATEMENT

The Ford Street Project provides shelter, housing, substance abuse treatment and employment services to the homeless, addicted, and disabled in Mendocino County

## OUTLINE OF DAILY ACTIVITIES

The daily routine varies each day. Topics for our groups include Relapse Prevention, Addiction Education, Anger Management and Communication Skills. We provide an assortment of individualized treatment planning options as well. 12-Step groups are available daily.

## DIRECTIONS

### From North of Ukiah

101 to Perkins St. exit. Turn right off freeway, then immediate right on Orchard to Ford St. Left on Ford St. to train tracks. Ford Street Parking lot is on the left.

### From South of Ukiah

101 to Central Ukiah exit. Left at stop sign (Perkins). Right on Orchard to Ford St. Left on Ford St. to train tracks. Ford Street Parking lot is on the left.

# The Ford Street Project

Serving Mendocino County Since 1974



## Residential Treatment Program

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